Matching mentors and mentees is one of the most important responsibilities of the GROW Committee, and we want to insure the best possible matches. Please complete this form in its entirety, adding as much information as you feel comfortable giving so we can make the best program matches. **This application will be used to pair you with you mentor via the profile they complete.**

**Background Information**

|  |  |  |  |
| --- | --- | --- | --- |
| Name: |  |  |  |
| Last | First | Middle (if applicable) |

|  |  |
| --- | --- |
| Title: |  |

|  |  |  |
| --- | --- | --- |
| U.S. WIN Chapter and Region: |  |  |
| Chapter | Region |

|  |  |
| --- | --- |
| Work Location/School: |  |

|  |  |  |  |
| --- | --- | --- | --- |
| Experience Level |  |  |  |
| Student | <5 Years Experience | >5 Years Experience |

|  |  |  |  |
| --- | --- | --- | --- |
| Phone: |  |  |  |
| Home | Mobile | Office |

|  |  |  |
| --- | --- | --- |
| Email: |  |  |
| Work/School | Personal |

1. Have you ever participated in a mentor program? YES  NO 
   1. If so, in what role?: Mentor  Mentee

* 1. Year(s):
  2. Please tell us about your experience with your previous mentoring program. (Was it positive or negative?)

1. Are you currently in a mentor program? YES  NO 
   1. If YES, is it: Formal  Informal

* 1. If Formal, what is the name of the program?:

**Help us understand more about you:**

1. Provide a detailed explanation of what are you looking to gain from or give to the GROW Program (i.e. goals/objectives)?
2. What skills or passions do you bring to the GROW Program?
3. From the list below, please check five (5) characteristics that best describe you:

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | Accepting |  |  | Diplomatic |  |  | Passionate |
|  | Ambitious |  |  | Direct |  |  | Realistic |
|  | Analytical |  |  | Disciplined |  |  | Reserved |
|  | Challenging |  |  | Even-Tempered |  |  | Serious |
|  | Creative |  |  | Honest |  |  | Spontaneous |
|  | Decisive |  |  | Humorous |  |  | Strategic |
|  | Deliberate |  |  | Logical |  |  | Thinker |
|  | Detail-Oriented |  |  | Optimistic |  |  | Trusting |

1. Give a brief explanation below of how you would develop professionally from the GROW Program
2. From the list below, please select 5 areas that best describe your strengths.

|  |  |
| --- | --- |
|  | Finance/Budgeting |
|  | Professional Networking |
|  | Time Management |
|  | Verbal Communications/Presenting |
|  | Written Communications |
|  | Training Development/Delivery |
|  | Negotiating/Influencing |
|  | Problem Solving |
|  | Strategic Thinking |
|  | Project Management/Business |
|  | Execution/Implementation |
|  | Leadership Skills |
|  | Other: |

1. From the list below, select 3 areas you would like to learn more about.

|  |  |
| --- | --- |
|  | Finance/Budgeting |
|  | Professional Networking |
|  | Time Management |
|  | Verbal Communications/Presenting |
|  | Written Communications |
|  | Training Development/Delivery |
|  | Negotiating/Influencing |
|  | Problem Solving |
|  | Strategic Thinking |
|  | Project Management/Business |
|  | Execution/Implementation |
|  | Leadership Skills |
|  | Other: |

# What attributes/characteristics are you looking for in a mentor?

1. What personality attributes do you find easiest to get along with (i.e., funny, structured, etc.)?
2. What personality attributes do you find challenging to work with (i.e., unstructured, direct, etc.)?
3. From the list below, select the five (5) characteristics that best describe your ideal mentor.

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | Accepting |  |  | Diplomatic |  |  | Passionate |
|  | Ambitious |  |  | Direct |  |  | Realistic |
|  | Analytical |  |  | Disciplined |  |  | Reserved |
|  | Challenging |  |  | Even-Tempered |  |  | Serious |
|  | Creative |  |  | Honest |  |  | Spontaneous |
|  | Decisive |  |  | Humorous |  |  | Strategic |
|  | Deliberate |  |  | Logical |  |  | Thinker |
|  | Detail-Oriented |  |  | Optimistic |  |  | Trusting |

1. Please note any additional comments that will help us make the best match possible for you.

***Thanks for your support and interest in the GROW Program!***